LESSON PLAN COVER SHEET

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| --- | --- | --- | --- |
| Course Title | Advanced Instructor Course Unit 5 | | |
| **Lesson Title** | Stage fright | | |
| **Instructor(s)** |  | | |
| **Prepared by** |  | Date Prepared |  |

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| **Target Population**: Instructors Developing Advanced Instructors skills. | |
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| **Number of Students** | |
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| **Space Requirements** | |
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| --- | --- | --- | --- | --- | --- | --- |
| Time Frame | | | | | | |
| Total: | 1.5 | hrs. | |  | | min. |
| Suggested Schedule | | | | | | |
| From: |  | | To: | |  | |
| Day: |  | |
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| **Evaluation Procedures**  **Discussion / Practical** |
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| **Learning Objectives:** 5.1. LEARNING OBJECTIVE – List the symptoms of stage fright. **5.2 LEARNING OBJECTIVE –** List the causes of stage fright.  **5.3 LEARNING OBJECTIVE –** List ways to reduce or overcome stage fright. |

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| **Lesson Title:** | Stage Fright |

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| **Methods/Strategies:** |
| Discussion / Lecture |

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| **References:** |
| TCLEOSE Advanced Instructor course # 1017 Outline |

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| **Training Materials:** |
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| **Equipment and Supplies Needed:** | | | |
| 1 | Multi-media projector | Other: |  |
| **1** | Lap-top computer | (#) | (List) |
|  | VCR | **1** | LCD Projector |
|  | Flip chart easel |  |  |
|  | Flip chart pad(s)/markers |  |  |
|  | Overhead projector |  |  |
|  | Video monitor (TV) |  |  |
|  | Video camera |  |  |
| **1** | Dry-erase board/markers |  |  |
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| **Student Materials and Handouts** |
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#### 5.1. LEARNING OBJECTIVE – List the symptoms of stage fright

#### 5.1.1 What is stage fright?

#### 5.1.2 Symptoms of Stage Fright

**5.3 LEARNING OBJECTIVE –** List ways to reduce or overcome stage fright.

5.3.1 Stage fright can be reduced in several different ways

5.3.2 More tips for speakers

5.3.3 Stage Fright can become nothing more than an inconvenience if you are

well prepared and use the techniques taught